

ALLIANZ ELIANT

THE WELL KNOWN MEDIA GUIDE FOR ALL AGES
IS NOW INTERNATIONALLY AVAILABLE.



The Humane Education Partnership www.aufwach-s-en.de published this guide prepared by ELIANT and many other associations and institutions, under the title: **Growing up Healthy in a World of Digital Media.**

It aims to support parents and everyone engaged with children and young people with background information and clear guidance on how to protect children from premature intension of digital media. Holding back brain development, communication stress, danger of addiction, loss of privacy, internet sites harmful to young people, cyber bullying and the harmful effects on health caused by continuous micro-wave radiation from mobile phones are all clearly identified with pointers towards further up-to-date research results. Apart from this the legal aspects, possible protective measures and treatment are included as well as how the dangers can be mitigated and a healthy sensory motor development encouraged.

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